Avidog's Early Neurological Stimulation & Scent Introduction Litter Form

Would you like to try Avidog's Early Neurological Stimulation (ENS) & Early Scent Introduction (ESI) with your puppies? If so, here is how to do it:

1. Introduce a new scent daily to each puppy beginning on Day 3 and ending on Day 16.
2. Once a day, pick up each pup individually and hold it gently but firmly in one hand, so that there is no chance of it falling. If you would be more comfortable, sit on the floor and cradle the pup in your lap.
3. With the other hand, hold the scent item about ½ inch from the pup's nose. If the pup wants to move towards the item, allow it to do so. If the pup tries to move away from the scent item, allow this as well. Do not move the scent item toward a pup that is trying to avoid it.
4. Hold the scent item in place for 5 seconds. If the pup shows no reaction or an adverse response, end after 5 seconds. If the pup chooses to engage with the scent item, allow it to do so for up to 30 seconds.
5. Return the pup to the box and repeat this procedure with the next puppy until you have done the entire litter (or cohort, if you are splitting the litter).

We select pungent scent items based on the work that our dogs do (hunting, tracking) as well as items they may interact with during their daily life. You may choose additional items based on the pup's future activities but avoid meats, since we are trying to stimulate scent not taste.

- **Natural items** (grass, tree bark, leaves, moss, dirt, leaves, evergreen needles and cones)
- **Fruits, herbs and spices** (lemon, apples, bananas, oranges, rosemary, mint, cloves)
- **Training items** (gamebirds, such as pheasants, grouse, ducks, pigeons; tennis balls, leather, cloth, wooden and plastic items, essential oils, manufactured training scents)
- **Miscellaneous** (tolerant pets such as cats, rabbits, guinea pigs, gerbils)

If you want to track your ESI results, consider keeping records on:

- Which items each pup likes, avoids and is neutral toward.
- How long each pup engages with each item.
- Over time, how the pup does in its future scent work.

We would love to hear how our program works for your dogs. Drop us a note at mailto:info@Avidog.com!

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Litter: _____ Date of Birth: _____

Day	3	4	5	6	7	8	9	10	11	12	13	14	15	16
ESI														
ENS														
Paw														
Object														
Puppy														
1														
2														
3														
4														
5														
6														
7														
8														
9														
10														
Cut Nails														

ENS Exercise	**ESI Objects**
Toes – same as nails	**Natural items** (grass, tree bark, leaves, moss, dirt, leaves, evergreen needles and cones)
Head down	**Fruits, herbs and spices** (lemon, apples, bananas, oranges, rosemary, mint, cloves)
On back	**Training items** (gamebirds, such as pheasants, grouse, ducks, pigeons; tennis balls, leather, cloth, wooden and plastic items, essential oils, manufactured training scents)
Wet to wet	**Miscellaneous** (tolerant pets such as cats, rabbits, guinea pigs, gerbils)